

PEDIATRIC PHYSIOTHERAPY



*Improving Movement Patterns &
Coordination in Infants & Children;
as well as Surgical Rehabilitation*



Agar
Physiotherapy
Clinic

Pediatric Physiotherapy

Pediatric Physiotherapists have extensive knowledge in infant and child development related to normal and delayed movement patterns. Pediatric physiotherapy helps infants and children who are at risk for gross motor delay, to reach their developmental milestones and maximize their full potential. Physiotherapy can improve balance, strength, range of motion, coordination, quality of movement, alignment and posture. Pediatric physiotherapy also supports caregiver intervention and helps to foster independence at home, school and in the community.

Who May Need Treatment?

Time is of the essence with infants and toddlers. The sooner treatment is implemented, the better the outcome. Repetition is how children learn; and having more treatment within a shorter time frame can benefit a child immensely.

Children who may need treatment include those with:

- Prematurity
- Gross Motor Delay
- Hypotonia (low muscle tone)
- Torticollis (tight muscles in the neck)
- Plagiocephaly (flat head syndrome)
- Cerebral Palsy
- Cerebellar Disorders
- A traumatic birth history
- Coordination Disorders
- Injury



Pediatric Physiotherapy Treatment Involves:

- neurodevelopmental treatment
- dynamic core stabilization
- strengthening weaker muscles
- fine and gross motor control instruction (ie. crawling, walking, running, writing)
- stretching and positioning muscles and joints to prevent short tight muscles and joints
- postural education
- elements of play to improve how efficiently and effectively your child moves.



Our Pediatric Physiotherapists also work alongside the family to provide support, education and training so that exercise programs can be carried out at home proficiently.

At the Ayr Physiotherapy Clinic, we have individualized treatment rooms, pediatric rehabilitation equipment and use a one on one approach to treat the needs of each child. We develop treatment goals along side the family and use treatment approaches that are specific for each child. This helps improve quality of movement and quality of life. As we progress through treatment children are more effectively able to integrate at home, school and in the community.

*Pediatric Physiotherapy is often covered under extended health benefits.

The Physiotherapist is your partner in evaluating and restoring strength, endurance, movement and physical abilities affected by injury, disease or disability. We treat people of all ages.

Coverage

Physiotherapy services are reimbursed by most extended health insurance plans. Check with your provider for details on your individual coverage.

Facility

K. Chesney Physiotherapy Professional Corporation is operated as the Ayr Physiotherapy Clinic.

The Ayr Physiotherapy Clinic is a first contact, autonomous, client-focused health care facility. We comply with privacy legislation and promote this privacy with our individualized assessment and treatment rooms.

Free parking is available on site.



Visit our website at:
www.ayrphysiotherapy.com
or call our clinic at (519)632-8822

Ayr Physiotherapy Clinic

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