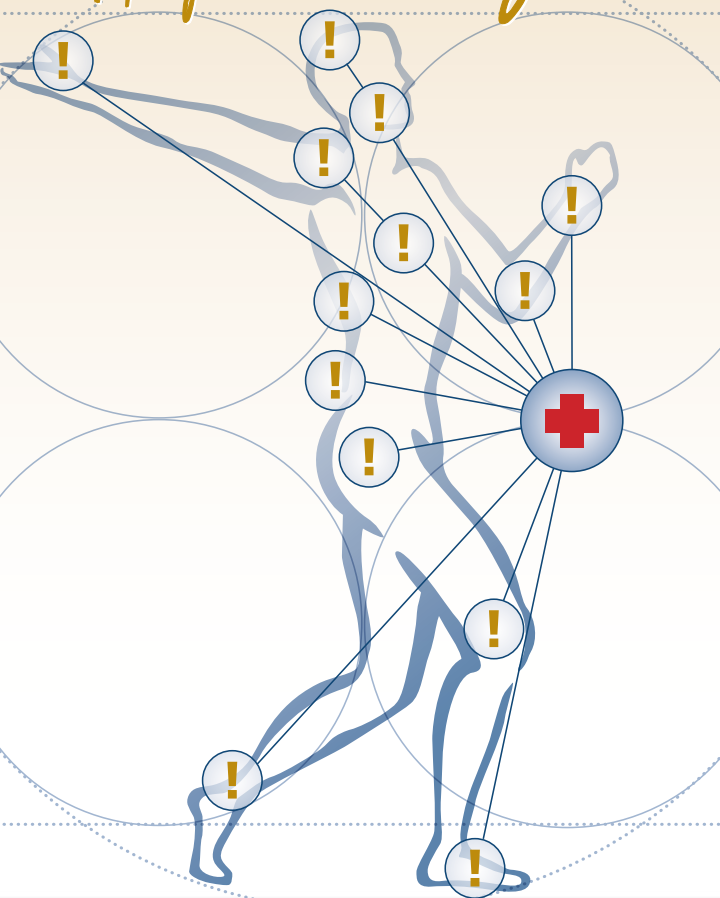


Physiotherapy *Helps to Move You!*



Physiotherapy
Physiotherapy
Clinic

Our Commitment to You:

- To restore movement and reduce pain
- To improve muscle strength, endurance, flexibility
- To reduce stress and strain on soft tissue and bony structures
- To educate clients

Mission Statement

The Ayr Physiotherapy Clinic is committed to excellence in the assessment and treatment of spinal and peripheral injuries. We uphold excellence in the practice of physiotherapy by enhancing our skills through continuing education, academic pursuits, and evidence based practice. We are committed to improving our patient's quality of life by restoring and optimizing their physical condition.

Treatment for:



- Neck & Back Pain
- Extremity and Joint Pain (shoulder, elbow, wrist, hand, hip, knee, ankle, foot, jaw)
- Sprains, Strains, Tendinitis, Bursitis, Contusions
- Sports Injuries
- Motor Vehicle Accident Injuries, Whiplash
- Arthritis, Osteoporosis, Fibromyalgia
- Post Fracture and Cast Removal
- Post Surgery; Post Joint Replacements
- Work Related Injuries (WSIB Injuries)
- Repetitive Use Injuries
- Neurological Conditions
- Vertigo
- Diabetes, Stroke Rehabilitation
- Pelvic Floor Physio
- Pediatric Development Support & Rehabilitation

Treatment Procedures



The registered physiotherapists at the Ayr Physiotherapy Clinic incorporate many treatment practices:

- Mobilization and manual therapy to restore joint movement, and reduce pain
- McKenzie principles to restore joint movement, and minimize pain
- Muscle reeducation for proper recruitment, patterning of movement, flexibility, strength, and endurance
- Proprioceptive or balance retraining
- Postural correction to reduce stress and strain on related joints and soft tissues
- Ergonomic, home and sports related recommendations
- Taping, recommendations for bracing, splinting of joints that are hypermobile, unstable, or recovering from injury
- Modalities including: ultrasound, laser, interferential current therapy (IFC), muscle stimulation, TENS (transcutaneous electrical nerve stimulation), shockwave and acupuncture
- Referrals to other professionals as indicated



Our Physiotherapists at the Ayr Physiotherapy Clinic are highly skilled and together have many years experience. Each physiotherapist is very active and continues to pursue ongoing professional goals. Our Physiotherapists are registered with the College of Physiotherapists of Ontario and meet ongoing standards of professional care. Our goal is excellence. We recognize Ayr, and its surrounding area as an active community which we promote and support.

The Physiotherapist is your partner in evaluating and restoring strength, endurance, movement and physical abilities affected by injury, disease or disability. We treat people of all ages.

Coverage

Physiotherapy services are reimbursed by most extended health insurance plans. Check with your provider for details on your individual coverage.

Facility

K. Chesney Physiotherapy Professional Corporation is operated as the Ayr Physiotherapy Clinic.

The Ayr Physiotherapy Clinic is a first contact, autonomous, client-focused health care facility. We comply with privacy legislation and promote this privacy with our individualized assessment and treatment rooms.

Free parking is available on site.



Visit our website at:
www.ayrphysiotherapy.com
or call our clinic at (519)632-8822

Ayr **Physiotherapy Clinic**

42 Northumberland Street
Ayr, Ontario • NOB IEO